How to protect personal data on Facebook

Third-party apps which are accessed through Facebook may have access to more of your personal data than you were aware of. This includes information such as your date of birth, email address, photos you've shared, your friends list and your Facebook likes.

To take access away from these app developers or modify what they can see about you, follow the instructions below:

How to delete/modify apps

1 Log into your Facebook account

2 Click on ▾ and select **Settings**

3 Select the setting for 🔲 **Apps**

4 Hover over any apps you wish to know more about. You can choose to edit what you share with them. If you wish to remove and app, click remove **(X)**

5 Click the Remove button **(X)**

Make sure you click on **save** when you have made your edits.

Click on **show all** to ensure you don't miss any apps from the list of those that may have access to your personal data.

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Once I delete the app, does that mean it no longer has my personal data?

By deleting the app, you're stopping any further access. However, it's important to note that the app may still have information about you saved. You have the right to contact each developer and ask them to remove any existing information from the app's servers. When modifying the settings for each app, this option will be provided. In May 2018, with the introduction in Europe of the General Data Protection Regulation (GDPR), which aims to make it far easier for users to take back control of their data, things may change for the better.

LEARN MORE:

Choose the info that this app can use

Control your app permissions with the new Facebook Login. Learn More

Learn how apps can use your info

Apps can use the info you provide to personalise your experience and connect you with your friends. Learn More

Remove info collected by the app

Contact the developer of this app to ask them to delete any info that they may have stored. Learn More

Get help from app developers

Your Change.org User ID is 10100682191157485. If you contact the developer of this app for support, they may need this number to help better address your question or concern. Learn More

App Terms · App Privacy Policy · Remove App · Report App   Cancel   **Save**

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Top tips

- Privacy policies are constantly changing. Make it a habit to check your privacy and security settings to ensure you know who can see your personal information.

- It's a good idea to frequently review the list of apps that you've connected to Facebook, and check who can see your personal data. Remember that this part is not under privacy or security settings. It can be found under app settings.

- If you want to play a quiz or game you see on Facebook, go directly to the website and not through Facebook.

- Never click on a 'like' button on a product service page.

About Parent Zone

Parent Zone is the official parents' representative on the UK Council for Child Internet Safety and chairs the UKCISS Digital Resilience working group. Parent Zone is devoted to providing expert information to families, schools and family professionals. It creates, curates and checks the best available advice and information on all of the issues that are caused or amplified by the internet.

Resources for Schools and Professionals

Our online safety experts have developed a suite of resources to use with children, young people, parents and professionals and are also able to deliver interactive sessions in schools and other settings.

Get in touch with our services department to find out how we can help you at yasmin@parentzone.org.uk or by using our contact details below.

Join us

Digital Families conference with CEOP, 10 October, London. Packed with inspirational speakers exploring the future for young people online and with lots of free resources to use in your setting, this is a must-attend event. For more information visit https://parentzone.org.uk/digital-families-keeping-children-safe-online.

Get in touch

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