# **The 9 Protected Characteristics**

As defined within the Equality Act (2010)

#### Age

This refers to a person belonging to a particular age (e.g. 32 year olds) or range of ages (e.g. 18 - 30 year olds).



#### **Belief and Non-Belief**

Religion has the meaning usually given to it but belief includes religious and philosophical beliefs including lack of belief or Atheism.

Generally, a belief should affect your life choices or the way you live for it to be included in the definition.



## Disability

A person has a disability if s/he has a physical or mental impairment which has a substantial and long-term adverse effect on that person's ability to carry out normal day-to-day activities.



#### **Gender Reassignment**

The process of transitioning from one gender to another.



#### Marriage and Civil Partnership

In England and Wales marriage is a union between same sex or opposite sex couples. Same-sex couples can also have their relationships legally recognised as 'civil partnerships'.

Civil partners must not be treated less favourably than married couples (except where permitted by the Equality Act).



#### **Pregnancy and Maternity**

Pregnancy is the condition of being pregnant or expecting a baby. Maternity refers to the period after the birth, and is linked to maternity leave in the employment context. In the non-work context, protection against maternity discrimination is for 26 weeks after giving birth, and this includes treating a woman unfavourably because she is breastfeeding.



#### Race

Refers to a group of people defined by their race, colour, nationality (including citizenship) and ethnic or national origins.



## Sex (Gender)

A man or a woman.



#### **Sexual Orientation**

A person's attraction towards their own gender, the opposite gender or more than one gender

