

Our Lady's Catholic Primary School

PE Curriculum Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Yoga Fundamental movement skills – agility, balance and co- ordination.	Dance- Travelling in different ways.	Games – multi skill focus.	Throwing and catching.	Gymnastics - Travelling using apparatus.	Dance.
Year 1	Gymnastics Invasion Games	Games – Throwing and catching games. Dance	Dance Stockport County - Fundamental movement skills.	Cricket Gymnastics	Creating throwing and catching games Gymnastics	Dance Athletics
Year 2	Gymnastics Invasion Games	Invasion Games Dance	Netball Dance	Cricket Gymnastics	Athletics Gymnastics	Dance Athletics
Year 3	Tennis (Net/ wall games) Dance	Tennis (Net/ wall games) Dance	Tennis (Net/ Wall games) Hockey Gymnastics	Netball Gymnastics	Cricket Dance	Athletics Gymnastics
Year 4	Stockport County Invasion games Tennis (Net/wall games)	Stockport County Invasion games Tennis (Net/wall games)	Stockport County Invasion games Tennis Dance	Swimming	Swimming	Swimming
Year 5	Swimming	Swimming	Swimming	Cricket Gymnastics	Hockey Gymnastics	O.A.A Cricket

Year 6	Tag Rugby	Hockey	Gymnastics	Cricket	Dance	O.A.A
	(Invasion games)	(Invasion games)	Netball	Tennis	Athletics	Rounders
	Dance	Circuit training	(Invasion games)	(Net/wall games)		(Strike/fielding games)